



Community Newsletter

Vol. 51 Issue 3 April 2024

Aspotogan ~ Bayswater ~ Blandford ~ Deep Cove ~ Northwest Cove

ARA UPDATE APRIL 2024

Tabletop Gaming: Mondays 7:00-9:00 in the Community Centre Multipurpose Room. Any game that can be played on a table (board games, card games, dexterity games, dice games, paper and pencil games, roleplaying games, strategy games, and tile-based games). Participants are encouraged to bring their favourite game and hopefully others will join the fun. The person who sets the game up will be responsible for ensuring everyone playing understands how to play. Cost is \$2.00/person. You may bring snacks and drinks (alcohol excluded).

Chair Yoga: Fridays, 10:00-11:00 in the Community Centre. Drop-in fee is \$7.00/class – please bring exact change if possible. All are welcome to this fun and 'user-friendly' class. No previous experience is necessary. Wear comfortable clothing and bring a yoga mat if you have one.

Pickleball: Thursdays 6-7:30 in the Community Centre. Beginner and experienced players are welcome, age 13+. Email Pickleball@BellAliant.net if you have questions or plan to play. If pickleball must be cancelled, players will be notified by email and a notice will be posted on the Community Centre Facebook page. Watch the community center Facebook page on Thursday afternoon to see if we are playing. \$3.00 drop in fee. All equipment is provided, please wear non-marking sneakers.

ARA Spring Bottle Drive coming up in early May – save your refundable bottles and cans!

PLEASE WATCH BLANDFORD AND COMMUNITY CENTRE FACEBOOK PAGES FOR UPDATES AND CHANGES TO ACTIVITIES.

If any community members have ideas for programs, please contact a member of the Executive – we welcome your ideas and feedback!

ARA executive: Carly LeBlanc 277-1269; Mary Norwood 228-2453, Vicki Schnare 228-2234 (vicki.schnare@bellaliant.net), Nancy Webb 225-2915 (n.webb@dal.ca)

COMMUNITY NEWS

DISTRICT # 1 COMMUNITY CENTRE

BLANDFORD COMMUNITY CENTRE 50/50 RAFFLEBOX



50/50 Rafflebox Tickets – All proceeds go towards the Roof Replacement Fund! Facebook live draws will take place at our Board meetings the first Wednesday of every month.

Next Draw April 3rd at 7 pm.

Watch our Facebook page for more information and the link to purchase tickets monthly.

Use the QR code for link to 50/50 Draw.



UPCOMING EVENTS at the Community Centre

Fundraiser Breakfast – Saturday, April 20th, 9 – 11 am. Eat in or Take Out. Includes eggs, bacon, sausage, toast, beans, hashbrowns, coffee, tea & juice. \$10 each, \$5 kids 10 & under, FREE kids under 3. Cash or debit available.



Thank you

THANK YOU MARSHAL HECTOR FOR YOUR YEARS OF SERVICE AND SUPPORT OF THE DISTRICT 1 COMMUNITY CENTRE!

Marshal has announced his retirement from the Community Centre Board of Directors and we wish him all the best in the future and thank him for all his support over the years!

Here is our new Board of Directors for 2024/2025 -

Executive for 2024/2025:

Wendy Chase, Chair	902-980-0012	wendychase.ns@gmail.com
Kelly Fitzgerald, Vice-Chair	902-222-1046	kahfitzgerald@gmail.com
Karen Overholt, Secretary	519-567-1591	francis_karen@hotmail.com
Amanda Mordeen, Treasurer	902-277-0704	adm4c@gmail.com

Board Members (2024/2025)

Samantha Murphy, Joanne Walton, Eric Miller, Mary Norwood, Odessa Bezanson, Julie Day

COMMUNITY EVENTS



Oh me nerves
Da Youngsters Got Me Drove
Tina Randell Comedy Show
Saturday April 20th
Blandford NS

**Blandford
Community Center**

8:00 pm showtime

Tickets:
(902) 980 - 0012
or email
blandfordns@gmail.com

\$25.00

To purchase tickets:

- Contact Wendy Chase 902-980-0012 (call or text)
- Send email or etransfer to blandfordns@gmail.com— please put “comedy show” in the message of the etransfer
- Tickets can be picked up at 360 Automotive or make arrangements by mail or a pickup location—Payments by cash or etransfer
- Pick up at Hubbards Hair Design during business hours—CASH ONLY

DOORS OPEN AT 7PM

COMMUNITY EVENTS...(continued)



ATHENÆUM SOCIETY OF NOVA SCOTIA

www.athenaeumns.org

Nova Scotia Quality of Life Initiative

Presented by

Danny Graham

As the Chief Engagement Officer of Engage Nova Scotia in the wake of the Ivany Report, Danny Graham will show how Nova Scotia is equipped to be a leader in framing an approach to a successful society that leaves fewer people behind. He will show how Engage Nova Scotia is working with local and global leaders to bring to life a breakthrough method to measuring and improving quality of life for everyone.

Danny Graham was the MLA for Halifax Citadel and Leader of the Nova Scotia Liberal Party from 2002-2005. When he left politics, and for ten years, he was the Lead Negotiator on Mi'kmaq reconciliation for the Government of Nova Scotia. For the past decade he has been the Chief Engagement Officer of Engage Nova Scotia.

Sunday, April 21 at 2:30pm
Ocean Swells Community Centre
Northwest Cove, 2726 Hwy 329 (Hwy 103 Exit 6)

All are welcome. Q & A.
For more info, call: (902) 476-4465

COMMUNITY NEWS

**THE FIRE PROTECTION COMMISSIONERS
FOR THE DISTRICT OF BLANDFORD**

Regular Monthly Meeting

April 15, 2024 @7pm

Blandford Community Centre in the Lodge

Ratepayers are welcome to view meetings

watch our Facebook Page for updates or cancellations

"BLANDFORD & AREA FIRE RESCUE"

BLANDFORD & AREA FIRE RESCUE

OUTDOOR FIRES

Before having any outdoor fire; brush fire, in a fire pit or any open flame please check the website

www.novascotia.ca/burnsafe



or call 1-855-564-2876

Information is updated daily at 2pm for that days burning restrictions.

For any questions please contact Wendy Chase
Phone: 902-980-0012 ~ Email: blandfordcommission@bellaliant.com

www.blandfordfire.ca

COMMUNITY NEWS...(continued)



Best Of
CHESTER MUNICIPALITY
Awards

VOTING OPEN APRIL 1

YOUR FAVOURITE BUSINESS HERE



2024

It's time to vote for your favorites in the 9th annual Best of Municipality of Chester Awards.

Voting opens April 1 and closes at 11:59 pm on April 14.

In this final round you can vote in 23 categories from Best Artisanal Retailer to Best Farmers' Market Vendor. This voting round will decide on a winner and runner up for each category.

Visit www.chester.ca/bestof

Garden Word Search

H	P	S	H	E	D	O	S	E	A	S	O	N	O
C	B	T	N	H	E	I	R	L	O	O	M	O	E
A	U	S	E	E	D	S	N	S	W	C	S	C	C
N	C	S	G	R	E	E	N	H	O	U	S	E	O
I	K	O	N	I	O	N	S	R	I	T	L	R	M
P	E	O	R	F	L	O	W	E	R	S	O	I	P
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S	E	E	L	A	D	Y	B	U	G	C	T	O	S
E	S	S	B	R	E	H	S	K	E	E	S	O	T
S	B	N	A	S	H	S	E	S	O	O	T	I	P
S	R	E	G	R	O	W	O	H	S	A	U	Q	S
W	S	S	G	E	D	H	C	B	E	E	K	A	R
R	P	L	P	P	N	S	T	O	O	R	T	S	O
K	E	N	E	L	B	A	T	E	G	E	V	P	B

- LADYBUG
- SQUASH
- HOSE
- HERBS
- POTS
- COMPOST
- BUCKET
- ONION
- GREENHOUSE
- FLOWERS
- SEASON
- VEGETABLE
- ROOTS
- RAKE
- GROW
- SEEDS
- HEIRLOOM
- SHED
- SPINACH
- FRUIT

COMMUNITY NEWS...(continued)

Heritage Handwork Drop-In at the Blandford Community Centre Lodge Room (side door)

2nd and 4th Tuesday of each month from 10:00 am to 4:00 pm.
Drop-in Fee \$4.00

Bring your hooking, knitting, felting, embroidery, sewing (machine work as well), or any other portable handwork and enjoy the sharing of handwork knowledge.

The coffee is free and plentiful but please bring your own go cup or mug.
Please note also that handwork day is nut-free.

Everyone Welcome!



We would like to thank our driver Leigh Ford for 10 years behind the Community "Steering" Wheels.

Getting you where you need to go...Best Wishes on his retirement!

Pre-book a ride with our other professional drivers.
Call Julie at 902-273-2440



Photo credit: Province of Nova Scotia

COMMUNITY NEWS...(continued)**Update from the Seaside March 2024 Meeting—Claudia Zinck**

It was the third Friday of the month, and because it was March, the Seaside were meeting at 2 PM.

Perhaps it was a smaller gathering, but the competition was fierce for the Bingo Games. Many of us had not played Bingo in years. It certainly gave a spark to a grey week.

Sylvia (Lucas) has started to prepare the bus trips for the year. This year's trips may be closer to home but there are so many interesting places close by. In May the club is going toward Lunenburg. I am sure some of the regular spots will be visited and Sylvia has discovered an exotic nursery. One thing they grow, in a Nova Scotia climate, are blue bananas!



Lunch came out and a gallon or two of tea and coffee were poured. Birthday girls this month were Mabel Witherall and Annice Gates.

The meetings return to the 7 PM spot on April 19th. Consider coming out for the evening. I know at least one Earth Day event is being planned. You just never can tell what the executive could come up with. Till then, sending hugs. Claudia

COMMUNITY NEWS...(continued)

Our Health Centre - Same Day Clinic Schedule for April 2024

Call 1-902-273-2098 starting **30 MINS** before each shift to make a same-day appointment (No Walk ins)

Schedule Subject to Change Please Note: No clinics on Sun, Mon, or Fri 3769 Hwy #3, Chester

Tuesday	Wednesday	Thursday	Friday	Saturday
2 5 PM TO 9 PM	3 5 PM TO 9 PM	4 9:30 AM TO 1 PM 5 PM TO 9 PM	5 CLOSED	6 9 AM TO 1 PM
9 5 PM TO 9 PM	10 5 PM TO 9 PM	11 9:30 AM TO 1 PM 5 PM TO 9 PM	12 CLOSED	13 9 AM TO 1 PM
16 5 PM TO 9 PM	17 5 PM TO 9 PM	18 9:30 AM TO 1 PM 5 PM TO 9 PM	19 CLOSED	20 9 AM TO 1 PM
23 5 PM TO 9 PM	24 5 PM TO 9 PM	25 9:30 AM TO 1 PM 5 PM TO 9 PM	26 CLOSED	27 9 AM TO 1 PM
30 5 PM TO 9 PM	 APRIL IS NATIONAL AUTISM AWARENESS MONTH	 APRIL IS TESTICULAR CANCER AWARENESS MONTH	 APRIL IS ALCOHOL AWARENESS MONTH	 April is STRESS Awareness MONTH

INVITATION TO TENDER – GRASS MOWING

DISTRICT #1 COMMUNITY CENTRE (BLANDFORD)
30 Firehall Rd., R.R. #1, Blandford, NS, B0J 1T0
blandfordns@gmail.com

Project: The Blandford Community Centre is inviting interested parties to submit a bid for Grass Mowing for the 2024 season.

Description: The area would include the grassed park area (upper and lower fields) on the Community Centre property, across the parking lot from the building. This would be mowing of the fields and the parameter whipper snipped, when required. These areas will be reviewed with a member of the Board of Directors prior to beginning the season.

Duration: May 15, 2024 to November 1, 2024, as required based on growth and season

Invoice submission: end of each calendar month

Terms of payment: Net 30 days

Interested parties should submit their bid no later than **April 15, 2024** to the Board of Directors at the above address or by email to: blandfordns@gmail.com

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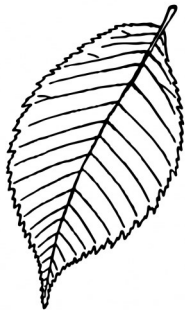
BUSINESS SERVICES



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Phone: 902-858-3066 dbond@davidbondlaw.com

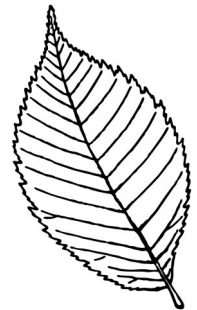
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For more information on services offered, contact the Aspotogan Heritage Trust at
902-857-1133 or via email at admin@aspotogan.org

A reminder to 2024 High School Graduates

from Forest Heights Community School or Bay View High School
living within the B0J 1T0, B0J 1C0 and B0J 1B0 postal codes
deadline for the Aspotogan Heritage Trust Bursary is May 1, 2024

Applications are available at the school guidance office

Phone: 902-857-1133 Fax: 902-857-1117

E-mail: admin@aspotogan.org

Website: www.aspotogan.org

Civic: 10 Pte. Richard Green Lane, Hubbards



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**Services for the season. All are welcome, saints and sinners, seekers and regulars.
Come celebrate with us at All Saints, 4122 Hwy 329, Bayswater, 10 am.**

April 7 **Sunday Service** of Praise and Prayer.

April 21 **Sunday Service** of Praise and Prayer.

April 14 **Sunday Service** of Holy Communion.

April 14 **Sunday Service** of Holy Communion.



The Promise of Spring



As e.e.cummings wrote:

when faces called flowers float out of the ground
and breathing is wishing and wishing is having —
but keeping is downward and doubting and never
— it's april (yes, april; my darling) it's spring!
yes the pretty birds frolic as spry as can fly
yes the little fish gambol as glad as can be
(yes the mountains are dancing together)...

when more than was lost has been found
has been found
and having is giving and giving is living —
but keeping is darkness and winter and cringing
— it's spring (all our night becomes day) o, it's spring!
all the pretty birds dive to the heart of the sky
all the little fish climb through the mind of the sea
(all the mountains are dancing; are dancing)

have been hearing and seeing more birds every week as they emerge or return, following the path of the sun. The spring equinox has put a bounce in all our steps as we turn from the cold to the returning warmth of summer. (The word equinox means equally balanced, in this case between the dark and the light all over the planet.)


It is a good time to think about how we are part of this holy earth. Humans often think of ourselves as separate from this world, special beings, not even creatures, who ab/use the earth in our greediness; like aliens mining a planet. In fact, in every respect, we essentially belong here; our bodies that are mostly water, breathe with the rhythm of the ocean that embraces the land. In many traditions, there is a religious response to this season. It is when people think about what has died, the winter of the soul or body, and what is being renewed. In ancient Sumeria, the great stag was pictured carrying the sun in his antlers to return warmth to the land. In Celtic beliefs, the regeneration of the antlers of the stag symbolized renewal of life. Here is what Hildegard of Bingen said, "The deer is the Son of God about whom the psalmist writes: 'I thirst for you as a deer after running waters.'"

As we enjoy spring, let us, with St. Francis, see everything — the trees, the tree frogs, the bear cubs, the deer — as an extension of our own life, our own spirit. And just maybe, when we connect with that nature, we will see the holy rising in other people, too. Let us leave behind the past and leap into the surprise of spring and the promise of resurrection!

"Come with me into the woods. Where spring is advancing, as it does, no matter what, not being singular or particular, but one of the forever gifts, and certainly visible." (Mary Oliver)

COMMUNITY EVENTS CALENDAR

April 2024

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	1 Walking 10 am Tabletop gaming 7 pm	2 Fire Trg 7pm	3 Blandford CC Board Mtg 7 pm	4 Walking 10 am Pickleball 6 pm Darts 7:30 pm PL	5 Chair yoga 10 am 45's OS 7:00 pm	6
7 All Saints 10 am	8 Walking 10 am Tabletop gaming 7 pm	9 Heritage Hand-Work 10-4 Fire Trg 7pm	10	11 Walking 10 am Pickleball 6 pm Darts 7:30 pm PL	12 Chair Yoga 10 am 45's OS 7:00 pm	13
14 All Saints 10 am	15 Walking 10 am Tabletop gaming 7 pm Fire Mtg 7 pm	16 Fire Trg 7pm	17	18 Walking 10 am Pickleball 6 pm Darts 7:30 pm PL	19 Chair Yoga 10 am Seasiders 7 pm 45's OS 7:00pm	20 Breakfast Blandford CC 9-11 am Oh Me Nerves Comedy Show Blandford CC 7 pm
21 All Saints 10 am Athenaeum OS 2:30 pm	22 Walking 10 am Tabletop gaming 7 pm	23 Heritage Hand-Work 10-4 Fire Trg 7pm	24	25 Walking 10 am Pickleball 6 pm Darts 7:30 pm PL	26 Chair Yoga 10 am 45's OS 7:00pm	27  May 2024 Newsletter Deadline
28 All Saints 10 am	29 Walking 10 am Tabletop gaming 7-9 pm	30 Fire Trg 7 pm		PL = Pumper's Lounge, Blandford CC	OS = Ocean Swells CC	

Newsletter Advertisement Rates

Personal Ads and Thank you Notices

Business Card Size	\$ 3.00
1/4 Page	\$ 7.00
1/2 Page	\$10.00
Full Page	\$20.00

Business Ads and Community Groups

Business Card Size	\$ 6.00
1/4 Page	\$10.00
1/2 Page	\$15.00
Full Page	\$30.00

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CONTACT EDITOR FOR MORE INFO
\$15.00 per year**

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**SUBMISSION DEADLINE FOR MAY NEWSLETTER:
APRIL 20, 2024**